

# Haskell CISD Menu

January 22-25, 2019

## **Breakfast**

*Tues.. Jan. 22*

Pancakes

Bacon

Breakfast Sandwich (Elem)

100% Fruit Juice Variety

Fruit/ Milk Variety

*Wed. Jan. 23*

Sunrise Sandwich

Muffin & Yogurt (Elem)

100% Fruit Juice

Fruit/Milk Variety

*Thurs. Jan. 24*

Monte Cristo Sandwich

Mini Pancakes & Yogurt (Elem)

100% Fruit Juice Variety

Fruit/ Milk Variety

*Fri. Jan 25*

Oatmeal

Toast

Yogurt

Breakfast Pizza (Elem)

Fruit/ Milk Variety

## **Lunch**

Roast Beef Sandwich

Mashed Potatoes / Carrot Coins

Strawberries & Bananas

Roll K-12

Milk Variety

Beef Spaghetti Bow/Breadstick K-12

Garden Salad K-12

California Blend Veggies

Fruit Cup/ Pudding K-12

Milk Variety

Boneless Chicken Wings

Green Beans/Carrot Sticks

Corn Bread

Orange Smiles/Brownie K-12

Milk Variety

Mexican Combo Plate

Charro Beans/Salsa/ Corn K-12

Lettuce & Tomato Garnish K-12

Seasonal Fruit

Milk Variety

Weekly: Cereal, Toast, Muffin, PBJ, Cereal Bar, Yogurt (HS)

## **Menu Subject to Change**

**1% White and fat-free flavored milk is always available at every meal. 100% Fruit Juice and Fresh Fruit Bowl is offered daily for HS at Lunch.**

This Institution is an Equal Opportunity Provider

